

MADE WITH
REAL PLANT-BASED
FOOD INGREDIENTS

STAY READY FOR
WHATEVER COMES NEXT

16g of carbs to help replenish your glycogen stores
after strength or endurance workouts*

Electrolytes

B Vitamins

\\ VEGA SPORT® NUTRITION SYSTEM ///

Fuel your goals with the Vega Sport® Performance Nutrition System -
before, during, and after your workout.



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Brendan Brazier

BRENDAN BRAZIER: VEGA CO-FOUNDER AND ORIGINAL FORMULATOR.
FORMER PROFESSIONAL IRONMAN TRIATHLETE & BESTSELLING AUTHOR.

"VEGA GREW FROM MY GOAL: TO MAKE PLANT-BASED NUTRITION EASIER FOR BUSY PEOPLE. SINCE 2004, VEGA HAS BROUGHT REAL,
PLANT-BASED FOOD INGREDIENTS TOGETHER TO HELP YOU GET THE NUTRITION YOUR BODY WANTS, WITHOUT COMPROMISE."

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



CERTIFIED
SPORT

NET WT 19 OZ (1 LB 3 OZ) 540 g

PLANT-BASED

vega SPORT® RECOVERY

INGREDIENTS TO SUPPORT GLYCOGEN
REPLENISHMENT*



TROPICAL
FLAVORED

CARBS†

16g

VITAMINS

ELECTRO-
LYTES

RECOVERY SUPPLEMENT
ABOUT 20 SERVINGS
*PER 27g SERVING

Supplement Facts

Serving Size: 1 scoop (27 g)
Servings Per Container: About 20

	Amount Per Serving	% Daily Value
Calories	90	
Fat	0.5 g	<1%*
Total Carbohydrate	16 g	6%*
Total Sugars	16 g	**
Includes 15 g added sugars		30%
Protein	4 g	
Vitamin A (as Vitamin A palmitate)	90 mcg RAE	10%
Thiamin (as thiamine hydrochloride)	4.9 mg	408%
Riboflavin	5.0 mg	384%
Niacin (as niacinamide)	5.0 mg NE	31%
Folate (as folic acid)	50 mcg DFE	12%
Biotin	5 mcg	16%
Pantothenic acid (as calcium D-pantothenate)	4.8 mg	96%
Magnesium (as magnesium citrate)	20 mg	4%
Zinc (as zinc citrate)	4.8 mg	43%
Chloride (as sodium chloride)	150 mg	6%
Sodium	135 mg	5%
Potassium	420 mg	8%
Pea protein (Pisum sativum) (from 4983 mg pea protein powder)	3980 mg	**
Glucosamine hydrochloride	712 mg	**
Brown rice protein (Oryza sativa) (from 675 mg brown rice protein powder)	540 mg	**
L-Arginine	407 mg	**
Devil's claw (Harpagophytum procumbens) (6:1 extract) (root)	150 mg	**
American ginseng (Panax quinquefolius) extract (root)	100 mg	**
4% ginsenosides	4 mg	**
Astragalus (Astragalus membranaceus) (root)	100 mg	**
Turmeric extract (Curcuma longa) extract (rhizome)	53 mg	**
95% curcuminoids	50 mg	**
Cayenne (Capsicum annuum) (fruit)	25 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: BROWN RICE SYRUP SOLIDS, NATURAL FLAVORS,
POTASSIUM CITRATE, CITRIC ACID, MALIC ACID, STEVIA LEAF EXTRACT, BETA
CAROTENE. MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUTS,
MILK, SOY, EGG, AND TREE NUTS.

DISTRIBUTED BY: SEQUEL NATURALS, ULC.
101 - 3001 WAYBURNE DRIVE, BURNABY, BC
CANADA V5G 4W3 • 1.866.839.8863

DO NOT USE IF SEAL IS BROKEN. AFTER OPENING,
CLOSE LID TIGHTLY AND STORE IN A COOL, DRY
PLACE AWAY FROM DIRECT LIGHT. PRODUCT
CONTAINS SILICA PACKET TO MAINTAIN PRODUCT
FRESHNESS. DO NOT CONSUME.

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POST WORKOUT

SHAKE IT!

Mix one level scoop (27 g) of Vega Sport®
Recovery in 1.5 cups (12 fl oz.) of ice cold water.

#askvega

Ask a Vega® expert

askvega@myvega.com

myvega.com

Vegafanpage

@vegatteam

@vega_team

1.866.839.8863



VEGAN



GLUTEN
FREE

NO ARTIFICIAL
SWEETENERS

Certified



Corporation

Discard Seal,
Empty & Replace
Lid & Scoop



PLASTIC
TUB

how2recycle.info

CONTENTS MAY SETTLE DURING SHIPPING.

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