

MADE WITH
REAL PLANT-BASED
FOOD INGREDIENTS

KICK START RECOVERY

16g of carbs to help replenish your glycogen stores
after strength or endurance workouts*

Electrolytes

B Vitamins

VEGA SPORT® NUTRITION SYSTEM

Fuel your better with Vega's three-stage performance
nutrition system—pre, mid, and post workout.



1



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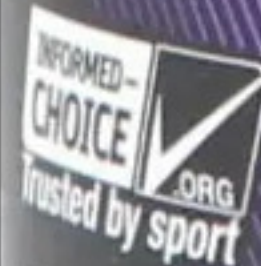
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Brendan Brazier
BRENDAN BRAZIER: VEGA CO-FOUNDER AND ORIGINAL FORMULATOR,
FORMER PROFESSIONAL IRONMAN TRIATHLETE & BESTSELLING AUTHOR.

*VEGA GREW FROM MY GOAL: TO MAKE PLANT-BASED NUTRITION EASIER FOR BUSY PEOPLE. SINCE 2004, VEGA HAS BROUGHT REAL
PLANT-BASED FOOD INGREDIENTS TOGETHER TO HELP YOU GET THE NUTRITION YOUR BODY WANTS, WITHOUT COMPROMISE.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NET WT 19 OZ (1 LB 3 OZ) 540g

PLANT-BASED

vega

SPORT

RECOVERY

INGREDIENTS TO SUPPORT GLYCOGEN
REPLENISHMENT*



APPLE BERRY
FLAVORED

B
VITAMINS

CARBS
16g

ELECTRO-
LYTES

RECOVERY SUPPLEMENT
ABOUT 20 SERVINGS
*PER 27g SERVING

NEW
LOOK
—
20
SERVINGS

Supplement Facts

Serving Size: 1 scoop (27g)
Servings Per Container: About 20

	Amount Per Serving	% Daily Value
Calories	90	
Total Carbohydrate	16 g	6%*
Total Sugars (includes 15 g added sugars)	16 g	30%
Protein	4 g	
Vitamin A (as Vitamin A palmitate)	90 mcg RAE	10%
Thiamin (as thiamine hydrochloride)	4.9 mg	410%
Riboflavin	5.0 mg	380%
Niacin (as niacinamide)	5.0 mg NE	30%
Folate (as folic acid)	50 mcg DFE	10%
Biotin	5 mcg	15%
Pantothenic acid (as calcium D-pantothenate)	4.8 mg	100%
Magnesium (as magnesium citrate)	20 mg	6%
Zinc (as zinc citrate)	4.8 mg	45%
Chloride (as sodium chloride)	150 mg	6%
Sodium	140 mg	6%
Potassium	420 mg	10%
Pea protein (Pisum sativum) (from 4980 mg pea protein powder)	3980 mg	**
Glucosamine hydrochloride	712 mg	**
Brown rice protein (Oryza sativa) (from 675 mg brown rice protein powder)	540 mg	**
L-Arginine	407 mg	**
Devil's claw (Harpagophytum procumbens) (6:1 extract) (root)	150 mg	**
American ginseng (Panax quinquefolius) extract (root)	100 mg	**
4% ginsenosides	4 mg	**
Astragalus (Astragalus membranaceus) (root)	100 mg	**
Turmeric extract (Curcuma longa) extract (rhizome)	53 mg	**
95% curcuminoids	50 mg	**
Cayenne (Capsicum annuum) (fruit)	25 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value Not Established.

OTHER INGREDIENTS: BROWN RICE SYRUP SOLIDS, NATURAL FLAVORS,
POTASSIUM CITRATE, RED BEET JUICE POWDER (FOR COLOR), SODIUM CHLORIDE,
CITRIC ACID, MALIC ACID, STEVIA LEAF EXTRACT. MANUFACTURED IN A FACILITY
THAT ALSO PROCESSES PEANUTS, DAIRY, SOY, EGG, AND TREE NUTS.

DISTRIBUTED BY: SEQUEL NATURALS ULC
101 - 3001 WAYBURNE DRIVE,
BURNABY, BC, CANADA V5G 4W3
1.866.839.8863

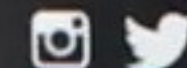
DO NOT USE IF SEAL IS BROKEN. AFTER OPENING,
CLOSE LID TIGHTLY AND STORE IN A COOL, DRY
PLACE AWAY FROM DIRECT LIGHT. PRODUCT
CONTAINS SILICA PACKET TO MAINTAIN PRODUCT
FRESHNESS. DO NOT CONSUME.

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SHAKE IT!

Mix one level scoop (27g) of Vega Sport®
Recovery in 1.5 cups (12 fl.oz.) of ice-cold water.

visit us:
myvega.com



@vegateam



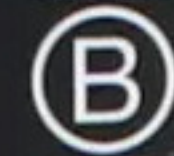
VEGAN



GLUTEN
FREE

NO ARTIFICIAL FLAVORS
OR SWEETENERS.

Certified



Corporation



how2recycle.info

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