

## BODYBUILDING.COM SIGNATURE™

We created our Signature line of products because we believe it shouldn't be a workout to get the highest quality supplements without paying the highest prices. As a trusted fitness brand, we've been delivering top-quality products to aid your fitness journey for over two decades. We don't take shortcuts and we don't make excuses, so you can trust that every Signature supplement is filler-free and formulated with effective doses of research-backed ingredients. Bottom line: We're crushing it so you can go crush your personal goals.

**DIRECTIONS FOR USE:** As a dietary supplement, take 1 softgel twice daily, preferably with a meal.

**WARNINGS:** Consult your physician before using this product if you're taking any medications or are under a physician's care for a medical condition. Not for use for those under the age of 18 or women that are pregnant, trying to get pregnant or nursing.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



*WARNING: Consuming this product can expose you to chemicals including mercury, which is known to the State of California to cause cancer and birth defects or other reproductive harm.*

For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).



400MG  
EPA

300MG  
DHA

800MG  
TOTAL OMEGA-3

100  
SOFTGELS

# FISH OIL

BRAIN & JOINT HEALTH\*

DIETARY SUPPLEMENT

LEMON FLAVORED OIL



## Supplement Facts

Serving Size: 1 Softgel  
Servings Per Container: 100

	Amount Per Serving	% Daily Value
Calories	15	
Total Fat	1.5g	2%*
Cholesterol	<5mg	1%
Total Fish Oil	1250mg	†
Omega-3 fatty acids	(800mg)	
EPA – Eicosapentaenoic acid	(400mg)	
DHA – Docosahexaenoic acid	(300mg)	
Other Omega-3 fatty acids	(100 mg)	

\* Percent Daily Value is based on a 2,000 calorie diet

† Daily value not established.

Other Ingredients: capsule (gelatin, glycerin, and purified water), antioxidant blend (consisting of rosemary extract and natural tocopherols), natural lemon flavor.

Distributed By: Bodybuilding.com  
5777 N Meeker Ave, Suite 300  
Boise, Idaho 83713

BBCOM743 • 060821 • V7