

BODYBUILDING.COM SIGNATURE™

We created our Signature line of products because we believe it shouldn't be a workout to get the highest quality supplements without paying the highest prices. As a trusted fitness brand, we've been delivering top-quality products to aid your fitness journey for over two decades. We don't take shortcuts and we don't make excuses, so you can trust that every Signature supplement is filler-free and formulated with effective doses of research-backed ingredients. Bottom line: We're crushing it so you can go crush your personal goals.

TRANSPARENT DISCLOSURE

Know exactly what and how much of it you're putting in your body. No guessing, no hiding, no excuses.

EFFECTIVE DOSES

We start with the highest quality ingredients and we use them in the precise amounts to get the most effective results.

TRUSTED INGREDIENTS

Proven in the gym to help achieve goals? Absolutely. Supported and sustained by research? Without a doubt.

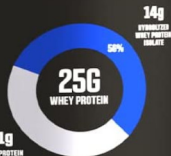
FAST-DIGESTING PROTEIN FOR MUSCLE BUILDING

Whey protein isolate has been filtered to remove the majority of lactose, fat, and carbs, making it higher in protein, leaner, and faster digesting than standard whey. Its quick release of amino acids is ideal for supporting post-workout muscle growth and recovery.

DIRECTIONS FOR USE: Mix one scoop with 6 ounces of water, milk, fruit juice, or your favorite beverage. To modify the consistency of your protein, increase or decrease the liquid level to your liking.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

11g
WHEY PROTEIN ISOLATE



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Contents may settle. Packed by weight, not by volume.



25g
PROTEIN

1g
SUGAR

110
CALORIES

100% ISOLATE

100% HYDROLYZED WHEY ISOLATE FOR FASTER ABSORPTION & RECOVERY*

76
SERVINGS
Net Wt. 5lbs. (2.27kg)

VANILLA WAFER

ARTIFICIALLY FLAVORED
GLUTEN AND SOY FREE



Nutrition Facts

About 76 servings per container
Serving size 1 scoop (30g)

Amount Per Serving	% Daily Value*
Calories	110
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 140mg	6%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 25g	50%
Vitamin D 0mcg	0%
Calcium 90mg	7%
Iron 0mg	0%
Potassium 100mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Natural and Artificial Flavor, Salt, Sunflower Lecithin, Acesulfame Potassium, Sucralose.

Contains Milk.

Made in a facility that processes soy, egg, and tree nuts.

Distributed By: Bodybuilding.com
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TYPICAL AMINO ACID PROFILE PER SERVING

Alanine	1263 mg
Arginine	554 mg
Aspartic Acid	2737 mg
Cystine	552 mg
Glutamic Acid	4376 mg
Glycine	419 mg
Histidine	419 mg
Isoleucine	1562 mg
Leucine	2677 mg
Lysine	2410 mg
Methionine	550 mg
Phenylalanine	750 mg
Proline	1434 mg
Serine	1161 mg
Threonine	1744 mg
Tryptophan	451 mg
Tyrosine	712 mg
Valine	1436 mg
Total	25207 mg

Contains Bioengineered Ingredient