

Recommended Use: Take one softgel per day with a meal, or as directed by your health care practitioner.

Warning: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your health care practitioner before use.

Does not contain gluten, dairy, soy or GMOs.

**STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.**

GLA060-PL-4



return**HEALTHY**
empowered wellness

Nutri-GLA

240 mg Gamma Linolenic Acid



Dietary Supplement
60 Softgels

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	2%*
GLA (Gamma-Linolenic Acid) (from Borage Oil)(<i>Borago officinalis</i>)(seed)	240 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Bovine gelatin, purified water, glycerine, annatto (color).

Distributed by: Return Healthy LLC
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For more information, visit ReturnHealthy.com
Report any adverse reactions to: (435) 213-4801