



**Suggested Use:** Take 4 capsules (1 serving) daily, preferably with a meal, or as directed by a physician. For those with a sensitive constitution, take 1/2 of a serving (2 capsules) at once, twice per day.

**Caution:** Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.

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**Wholesome  
Story®**

# Myo & D-Chiro Inositol

Dietary Supplement  
120 Vegetarian Capsules



## Supplement Facts

Serving size: 4 Capsules  
Servings per container: 30

| Amount per serving              | %DV        |
|---------------------------------|------------|
| Myo-Inositol                    | 2,000mg ** |
| D-Chiro Inositol (Caronositol®) | 50mg **    |

\*\*Daily value (DV) not established

Other Ingredients: Methylcellulose (Capsule)

**Manufactured for: Wholesome Story**

PO Box 15344  
Seattle, WA 98115

Caronositol® is a registered trademark of Biosearch.

Keep out of reach of children. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.

[www.wholesomestory.com](http://www.wholesomestory.com)

