



VITASPECTRUM® CAPSULE FORMULA

MULTIPLE VITAMIN/MINERAL/
TRACE ELEMENT SUPPLEMENT

IRON AND COPPER FREE
GLUTEN AND CASEIN FREE

180 VEGETARIAN
CAPSULES



Supplement Facts

Serving Size 6 Capsules • Servings Per Container 30

Amount Per 6 Capsules	% Daily Value
Vitamin A (64% (1,050 mcg RAE) as natural carotenes (beta-carotene, alpha-carotene and beta-cryptoxanthin) from <i>D. salina</i> and 36% (600 mcg RAE) as vitamin A palmitate)	1,650 mcg RAE 183%
Vitamin C (as L-ascorbic acid)	500 mg 556%
Vitamin D ₃ (as cholecalciferol)	25 mcg 125%
Vitamin E (as RRR-alpha-tocopheryl acid succinate, RRR-alpha-tocopherol)††	97 mg 647%
Vitamin K ₁ (as phytonadione)	60 mcg 50%
Thiamine (as thiamine mononitrate)	25 mg 2083%
Riboflavin	15 mg 1154%
Niacin (67% as niacinamide, 33% as niacin)	60 mg 375%
Vitamin B ₆ (67% as pyridoxine HCl, 33% as pyridoxal-5'-phosphate)	15 mg 882%
Folate (as Metafolin®† L-5-methyltetrahydrofolate)	680 mcg DFE 170%
Vitamin B ₁₂ (as methylcobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as calcium D-pantothenate)	50 mg 1000%
Choline (as choline bitartrate)	75 mg 14%
Calcium (as calcium citrate-malate)	100 mg 8%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, and L-leucine.

Manufactured by: SFI USA
Reno, NV 89521 • Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and gluten. Contains no artificial colors, flavors, or preservatives.

†† Vitamin E derived from highly-refined soy oil that has soy protein removed. Formulated to be hypoallergenic.

Amount Per 6 Capsules	% Daily Value
Iodine (from kelp)	150 mcg 100%
Magnesium (as TRAACS® magnesium bisglycinate chelate, magnesium oxide††)	100 mg 24%
Zinc (as zinc bisglycinate chelate††)	15 mg 136%
Selenium (as selenium amino acid complex)	200 mcg 364%
Manganese (as manganese bisglycinate chelate††)	2 mg 87%
Chromium (as chromium nicotinate glycinate chelate††)	150 mcg 429%
Molybdenum (as molybdenum glycinate chelate††)	100 mcg 222%
Potassium (as potassium chloride)	100 mg 2%
Boron (as boron glycinate complex††)	2 mg *
Vanadium (as bisglycinato oxovanadium)	50 mcg *
Inositol	25 mg *
Citrus Bioflavonoids (85 mg as citrus bioflavonoid complex, min 50% bioflavonoids, and 15 mg as hesperidin methylchalcone)	100 mg *
Natural Mixed Tocopherols (RRR-beta, RRR-delta, RRR-gamma) from soy	4 mg *

*Daily Value not established.

Suggested Use: Adults: 6 capsules daily with food or as directed by a healthcare professional. Children 4-14 years of age: Take up to 3 capsules daily or as directed by a healthcare professional. Children less than 4 years of age: As directed by a healthcare professional.

†Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany
††Albion® Laboratories



Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

