Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physican before using this product. KEEP OUT OF REACH OF CHILDREN.

WARNING: This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and corn. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 1 capsule, 1 to 6 times daily with meals or as directed by a healthcare professional.

SpectraFiber™ combines purified and whole food plant concentrates containing a broad spectrum of natural soluble fiber components including pectic substances, mucilages, algal polysaccharides, cellulose, hemicellulose, lignan, and other naturally-occurring fiber-related substances. This product is free of cereal grains.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.







SPECTRAFIBER™

DIETARY SUPPLEMENT

120 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 120

mount Per Capsule	
lant Concentrate Blend	750 mg*
Glucomannan (Amorphophallus konjac) (root)	
Prune (Prunus domestica) (fruit)	1
Carrot (Dàucus carta)(root)	
Celery (Apium graveolens) (leaves, stalk)	1
Apple Pectin (Malus spp.)(fruit)	*
Citrus Pectin (Citrus spp.) (fruit/peel of orange, lemon, and grapefruit)	1
Slippery Elm (Ulmus rubra)(bark)	*
Fennel (Foeniculum vulgare) (seed)	
Sodium Alginate (derived from brown seaweeds)	

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), ascorbyl palmitate, and silicon dioxide.

Manufactured by: SFI USA

'Daily Value not established.

Reno, NV 89521

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