

Manufactured by:
SFI USA
Reno, NV 89521
Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and gluten. Contains no artificial colors, flavors or preservatives.

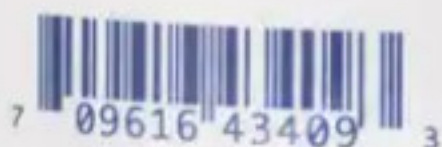
Suggested Use: 3 capsules daily or as directed by a healthcare professional.

‡ Metafolin® is a registered trademark of
Merck KGaA, Darmstadt, Germany



Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



V434-09
rev170829.03



LDA MULTI-VITAMIN

DIETARY SUPPLEMENT

90 VEGETARIAN
CAPSULES

Supplement Facts

Serving Size 3 Capsules • Servings Per Container 30

Amount Per 3 Capsules	% Daily Value
Vitamin A (86% (4,500 mcg RAE) as natural carotenes (beta-carotene, alpha-carotene and beta-cryptoxanthin) from <i>D. salina</i> and 14% (750 mcg RAE) as vitamin A palmitate)	5,250 mcg RAE 583%
Vitamin C (as L-ascorbic acid)	300 mg 333%
Vitamin D ₃ (as cholecalciferol)	7.5 mcg 38%
Vitamin E (as RRR-alpha-tocopherol) from soy	150 mg 1000%
Thiamin (as thiamin HCl)	50 mg 4167%
Riboflavin	20 mg 1538%
Niacin (as niacinamide)	60 mg NE 375%
Vitamin B ₆ (80% as pyridoxine HCl and 20% as pyridoxal 5'-phosphate)	101 mg 5941%
Folate (as Metafolin®‡ L-5-methyltetrahydrofolate)	1360 mcg DFE 340%
Vitamin B ₁₂ (as methylcobalamin)	750 mcg 31250%
Biotin	300 mcg 1000%
Pantothenic Acid (as calcium D-pantothenate)	200 mg 4000%
Choline (as choline bitartrate)	40 mg 7%
Calcium (as calcium D-pantothenate)	17 mg 1%
Natural Mixed Tocopherols (RRR-gamma, RRR-delta, RRR-beta) from soy	200 mg *
Inositol	30 mg *
Quercetin (as quercetin dihydrate)(derived from Japanese pagoda tree (<i>Sophora japonica</i>) flower extract)	30 mg *

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, and cellulose.

