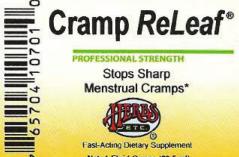
HERBAL FORMULA



Stops Sharp Menstrual Cramps*



Fast-Acting Dietary Supplement

Net: 1 Fluid Ounce (29.5 ml)

Cramp ReLeaf * eases uterine, ovarian and lower abdominal muscle tension.*

Suggested Use: Acute: Take 40 drops (one half teaspoon) in water every three to four hours. Increase suggested use to 80 drops (one teaspoon) in water should you need more support/relief. Pro-Active: As a preventive measure take

to menstruation. Contains: Black Haw stem bark, Cramp Bark bark, Bethroot root, Clove flower bud! Cinnamon bark¹, fresh Wild Yam root, Cardamom seed' and Orange peel' extracted with 60% grain alcohol, purified water and vegetable glycerine.

*ORGANIC

Formulated by Daniel Gagnon, Medical Herbalist

Herbs, Etc. 1340 Rufina Cr. Santa Fe NM 87507

40 drops in water twice a day five days prior