

DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
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Calories	10
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Calories from Fat	10
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Total Fat	1 g	1%*
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Algal Oil	772.5 mg	**
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derived from a plant based algae (*Schizochytrium sp.*) provides 300 mg of Total Omega-3 Fatty Acids comprising of:

EPA (Eicosapentaenoic Acid)	90 mg	**
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DHA (Docosahexaenoic Acid)	180 mg	**
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Other Omega-3 Fatty Acids		**
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*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: High Oleic Sunflower Oil, Modified Corn Starch, Carrageenan, Vegetable Glycerin, Sorbitol, Sunflower Lecithin, Rosemary Extract, Tocopherols, Ascorbyl Palmitate.

Manufactured for REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



1 PER
DAY

Sundown
Naturals®

PLANT BASED Omega-3

300 MG

*Naturally Derived
from Algae*

Plant source of EPA and DHA

VEGETARIAN FORMULA
30 SOFTGELS DIETARY SUPPLEMENT

Smart
Facts

Sundown Naturals® Plant Based Omega-3 supplies a vegetarian source of EPA and DHA from Algae.

Color may vary due to natural ingredients.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



life'sDHA™
plus EPA



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Questions? Call toll free
1-888-VITAHHELP (848-2435) or visit
us at www.sundownnaturals.com
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Prod. No. 51755