Suggested Use: 1 capsule daily with food or as directed by a healthcare professional.

L-MethylFolate contains L-5-methyltetrahydrofolate (L-5-MTHF), the active, methylated form of folate, an essential B-vitamin. L-5-MTHF requires no additional metabolic steps to be used by the body, thus it is often the preferred choice for those with absorption or metabolic defects. Supplies 1 mg (1,700 mcg DFE) folate per capsule.

‡Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany METAFOLIN®

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

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KLAIRE LABS™

L-METHYLFOLATE

FOLATE SUPPLEMENT

60 CAPSULES

SFI

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Capsule		% Daily Value
Folate (as Metafolin®‡ L-5-methyltetrahydrofolate)	1,700 mcg DFE	425%

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, silicon dioxide, and cellulose.

Manufactured by: **SFI USA** • Reno, NV 89521 • Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and corn. Contains no artificial colors, flavors, or preservatives.