

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans. Contains no artificial colors, flavors, or preservatives.

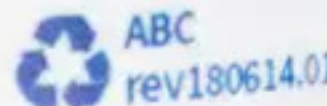
Suggested Use: 1 capsule daily with food or as directed by a healthcare professional.

Active B Complex™ provides a full-complement of bioactive forms of essential B-complex vitamins in high potency amounts.

‡Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany **METAFOLIN**

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



ACTIVE B COMPLEX™

VITAMIN B
SUPPLEMENT

60 VEGETARIAN
CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Capsule		% Daily Value
Thiamin (as benfotiamine)	50 mg	4,167%
Riboflavin (as riboflavin 5'-phosphate)	20 mg	1,538%
Niacin (67% as niacinamide and 33% as niacin)	60 mg NE	375%
Vitamin B ₆ (as pyridoxal 5'-phosphate)	20 mg	1,176%
Folate (as Metafolin® ‡ L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin (as D-biotin)	300 mcg	1,000%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	1,000%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, ascorbyl palmitate, and silicon dioxide.

