



Healthy Aging†



Joint Support†



Sports Performance†

SUGGESTED USE: Mix 1 scoop with at least 8-12 ounces of water or preferred beverage daily or as recommended by your health-care practitioner.

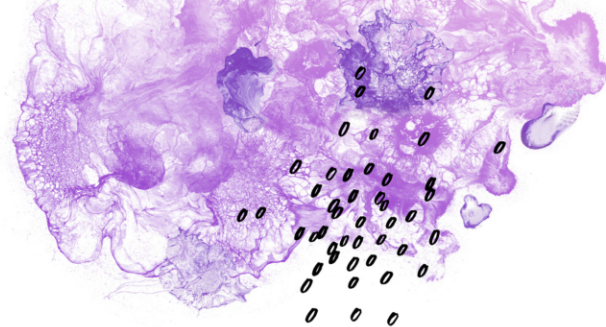
TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THORNE®

Collagen Fit

Collagen with Nicotinamide Riboside

DIETARY SUPPLEMENT



NET WT
17.8 OZ (506 G)

SUPPLEMENT FACTS

Serving Size: One Scoop (16.85 g)

Servings Per Container: 30

One Scoop (16.85 g) Contains:		%DV
Calories	60	
Protein	14 g	0%*
Sodium	10 mg	<1%
Collagen Peptides (Bovine)	15 g	**
Nicotinamide Riboside Hydrogen Malate	125 mg	**
Betaine Anhydrous (Trimethylglycine)	50 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Typical Amino Acid Amounts (mg) Per Serving:

Alanine	1,617
Arginine	1,134
Aspartic Acid	850
Cysteine	83
Glutamic Acid	1,717
Glycine	4,051
Histidine ▲	67
Isoleucine ▲	250
Leucine ▲	467
Lysine ▲	617
Methionine ▲	150
Phenylalanine ▲	250
Proline	2,034
Serine	500
Threonine ▲	300
Tryptophan ▲	0
Tyrosine	33
Valine ▲	400

▲ Essential Amino Acid



SP686
LSP68601

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966