

ACTUAL SIZE



CODE 3163

V2

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A. Visit us at www.nowfoods.com

The Natural Fish Oil Concentrate used in this softgel is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

† Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Coenzyme Q10 is a vitamin-like compound also called ubiquinone. It is an essential component of cells and is necessary for mitochondrial energy production. Years of research has shown that CoQ10 supports healthy cardiovascular and immune system functions in addition to its vital role in energy production.* NOW® CoQ10 is Pharmaceutical (USP) Grade. NOW uses only the 100% natural, all-trans form of CoQ10.

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily with meals.

CoQ10

CARDIOVASCULAR HEALTH

60 mg

with Omega-3 Fish Oil

• Reduce Risk of Heart Disease†

60 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.6 g	< 1%*
Trans Fat	0 g	†
Vitamin E (as d-alpha Tocopherol)	10 IU	35%
Coenzyme Q10 (CoQ10)	60 mg	†
Natural Fish Oil Concentrate	250 mg	†
Omega-3 Fatty Acids	75 mg	†
Eicosapentaenoic Acid (EPA)	40 mg	†
Docosahexaenoic Acid (DHA)	25 mg	†
Other Omega-3 Fatty Acids	10 mg	†
Soy Lecithin	200 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Gelatin, Rice Bran Oil, Glycerin, Water, Yellow Beeswax, Carbonyl and Annatto Extract.

The Natural Fish Oil Concentrate used in this softgel is primarily derived from sardines, anchovies and mackerel.

Do Not Eat Freshness Packet. Keep in Bottle.
Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg or preservatives. Contains no titanium dioxide. Separation and color variation in the softgel is natural and doesn't affect product quality. Store in a cool, dry place. Please Recycle.