

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Vitamin D₃ & K₂ Vegetable Capsules are formulated with vitamin D₃ (cholecalciferol) and K₂ (MK-7) from Natto.



Bluebonnet



Vitamin D₃ & K₂

Immune, Mood & Heart Health ♦



Dietary Supplement **60** Vegetable Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin D ₃ (as 5000 IU cholecalciferol from lanolin)	125 mcg	625%
Vitamin K ₂ (as menaquinone-7 from natto extract using <i>Bacillus subtilis</i>)	100 mcg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

CAUTION: Do not use if pregnant, trying to conceive or breastfeeding. If you are taking prescription medication, speak to your healthcare practitioner before use. Do not use this supplement with blood thinning medication. Keep out of reach of children.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

