

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin A & D₃ Softgels contain vitamin A and vitamin D₃ (cholecalciferol) that supports eye health and immune function from deep sea, cold water, fish liver oil and are molecularly distilled. Available in easy-to-swallow softgels for maximum assimilation and absorption.♦

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in USA from domestic and imported ingredients.

Manufactured for
Bluebonnet Nutrition Corporation
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www.bluebonnetnutrition.com



Molecularly
Distilled

Bluebonnet



Vitamin A & D₃

A 3000 mcg /D₃ 10 mcg
Dietary Supplement
100 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin A (as 10,000 IU from fish liver oil)	3000 mcg	333
Vitamin D ₃ (as 400 IU cholecalciferol from fish liver oil)	10 mcg	50

Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, purified water, soybean oil.

Contains: Fish (cod), soybeans

Free of milk, egg, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.