Bluebonnet's Omega-3 Vegetarian DHA 200 mg Vegetarian Softgels are formulated with life's DHA™ to help support a healthy mood as well as brain and eye function by utilizing a catch-free docosahexaenoic acid (DHA) from marine algae. ◆



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar. life'sDHA™ is a trademark of DSM.

Made in USA from imported and domestic ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Do not use this supplement two weeks before, after surgery, or with blood-thinning medication. Keep out of reach of children.



•These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Directions: As a dietary supplement, take one vegetarian softgel daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 1 Vegetarian Softgel Servings Per Container 30

Amount Per Serving

DHA 200 m (docosahexaenoic acid from algal oil)

* Daily Value not established.

Other ingredients: Capsule (water, soluble food starch, glycerin, carrageenan, sorbitol, caramel [colorant], beta-carotene [colorant]), sunflower oil, tocopherol (preservative), natural flavor, sunflower lecithin, ascorbyl palmitate (preservative).

Contains: Soybeans

Manufactured for Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA bluebonnetnutrition.com

