

ACTUAL SIZE

7 33739 03316 1



CODE 3316



Natural color variations may occur in this product.
Do Not Eat Freshness Packet. Keep in Bottle.
Store in a cool, dry place. Please Recycle.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat cure or prevent any disease.

Caution: For adult use only. This product contains Glucosaminan. Take

as recommended. Consult a physician prior to using this product if you are pregnant/nursing, taking medication, or have a medical condition. Without drinking enough liquid the product may swell in the throat, causing blockage or choking. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Keep out of reach of children.

† Take plenty of water with this product in conjunction with a tem-

porary, reduced-calorie diet and regular exercise.

SUGGESTED USAGE: As a dietary supplement, take 1 or 2 capsules up to 3 times daily with meals as needed, or as directed by your healthcare practitioner. Consider taking these other NOW® products: L-Carnitine, CLA and LipiTrim.

Cider Vinegar

DIET FORMULA†

- With Grapefruit, Lecithin, B-6, Chromium, Kelp & Glucosaminan (from Konjac Root)
- Supports Healthy Glucose Metabolism*

180 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 2 Capsules Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	7 mg	350%
Chromium (from Chromium Chelavite®)	200 mcg	167%
Apple Cider Vinegar Powder	500 mg	†
Soy Lecithin	200 mg	†
Glucosaminan (from Konjac Root) (<i>Amorphophallus konjac</i>)	100 mg	†
Kelp (<i>Laminaria digitata</i> & <i>Ascophyllum nodosum</i>) (Algae)	74 mg	†
Grapefruit Fiber	30 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Maltodextrin, Food Starch, Silica and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Chromium Chelavite® is a registered trademark of Albion Laboratories, Inc.