

Directions: For adults, mix 2 mL (abt. 1/2 tsp) of extract in 2 fl. oz (60 mL) water one time daily preferably with a meal.

Beneficial for the nervous system.*

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

WARNING: Do not use product containing St. John's Wort while taking any prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to UV irradiation (e.g. sunlight; tanning) when using this product. Do not use while driving a motor vehicle or operating machinery. US FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Ask a healthcare professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems. Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with hypertension, liver disorders, edema, severe kidney insufficiency, low blood potassium, heart disease with edema, or congestive heart failure. Not for prolonged use or in high doses except under supervision. Discontinue use and consult with your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™

Natural Herbal Extracts

TRQ-RH

Dietary Supplement

"No expense has been spared to provide the finest nature has to offer."

1 fl. oz. (30 mL)

SHAKE WELL BEFORE USE

Supplement Facts

Serving Size: 2 mL (abt. 1/2 tsp)

Servings Per Container: 15

Amount per serving	%DV
Proprietary Blend 1805 mg	†
St. John's Wort (aerial parts) (<i>Hypericum perforatum</i>) Extract, Valerian (root) (<i>Valeriana sp.</i>) Extract, Passionflower (aerial parts) (<i>Passiflora sp.</i>) Extract, Hops (flower) (<i>Humulus lupulus</i>) Extract, White Oak (bark) (<i>Quercus sp.</i>) Extract, Kava Kava (root) (<i>Piper sp.</i>) Extract, Chamomile (flower) (<i>Matricaria recutita</i>) Extract, Raspberry (leaf) (<i>Rubus sp.</i>) Extract, Rice Bran (seed-coat) (<i>Oryza sativa</i>) Extract, Brewer's Yeast (<i>Saccharomyces sp.</i>) Extract, Licorice (root) (<i>Glycyrrhiza glabra</i>) Extract, Rosemary (leaf) (<i>Rosmarinus officinalis</i>) Extract, Angelica (root) (<i>Angelica</i> <i>sp.</i>) Extract, Skullcap (aerial parts) (<i>Scutellaria sp.</i>) (Skullcap) Extract, Peppermint (leaf) (<i>Mentha x piperita</i>) Extract, Chickweed (aerial parts) (<i>Stellaria media</i>) Extract	

† Daily Value (DV) not established.

Other Ingredients: None

**Herb: Solvent Ratio 1:7 (Distilled Water & Neutral
Grain Spirits 28-38% ABV) Contains: Gluten**

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