

Directions: As a dietary supplement, take two capsules once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

For optimal reproductive health, take daily with Bluebonnet's Intimate Essentials® For Her Fertility Support Multivitamin Formula Vegetable Capsules for up to 6-12 months prior to conception.*

Bluebonnet's Intimate Essentials® For Her Conception Formula Vegetable Capsules are specially formulated to help support female fertility by balancing hormone levels within the normal range, and by supporting ovulation and egg quality. •

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Intimate Essentials® is a registered trademark of Bluebonnet Nutrition Corp.

Caution: For adults only. Do not use during pregnancy or while nursing. Consult physician if taking medication, or have a medical condition. Keep out of reach of children.



• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet®



INTIMATE
ESSENTIALS®

FOR
HER

Conception
Formula •

Dietary Supplement
60 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin D3 (as cholecalciferol from lanolin)	25 mcg (1000 IU)	125%
Folate (from [6S]-5-methyltetrahydrofolic acid, glucosamine salt [vegetarian source])	200 mcg DFE	50%
Myo-inositol	400 mg	*
L-Arginine (as L-arginine [free-form], L-arginine alpha ketoglutarate 2:1)	250 mg	*
L-Carnitine Tartrate (free-form)	150 mg	*
D-Chiro-Inositol (from carob pod)	105 mg	*
Eurycoma Longifolia Root Extract (standardized to 22% eurypeptides [22 mg])	100 mg	*
Yellow Maca Root Extract (Lepidium meyenii Walp.) (gelatinized)	50 mg	*
Vitex Berry Extract (Agnus castus L.)	25 mg	*

*Daily Value not established.
DFE= Dietary Folate Equivalent.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate, silicon dioxide.

Manufactured by
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