

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Intimate Essentials™ For Her Hormonal Balance Capsules are specially formulated to help boost a woman's sexual energy and youthful vibrance by balancing hormones during PMS and menopause. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.♦

Bluebonnet's KOF-K Certification #K-0000700

Intimate Essentials™ is a trademark of Bluebonnet Nutrition Corp.

Manufactured by
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WARNING: Do not use if pregnant. Consult your physician if you are breast-feeding, taking prescription medication including birth control, phytoestrogens and/ or hormone therapy. After discontinuing the use of birth control, wait four weeks before taking.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet®



INTIMATE
ESSENTIALS™

FOR
HER

Hormonal
Balance ♦

Dietary Supplement
90 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per Serving	% Daily Value
Black Cohosh Root Extract (<i>Cimicifuga racemosa</i> L.)	200 mg *
Dong Quai Root Extract (<i>Angelica sinensis</i>)	150 mg *
Vitex Berry Extract (<i>Agnus castus</i> L.)	150 mg *
Alpha Lipoic Acid (as thioctic acid)	100 mg *
Dandelion Root Extract (<i>Taraxacum officinale</i> L.)	100 mg *
Diindolylmethane (DIM)	100 mg *
L-Theanine (free-form)	100 mg *

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.