**Directions:** As a dietary supplement, take two capsules once daily, preferably with a meal, or as directed by a healthcare practitioner.

Bluebonnet's Targeted Choice BrainPower® Vegetable Capsules are specially formulated with a unique blend of sustainably harvested or wildcrafted herbal extracts and other neuro-nutrients to help support the brain's proper response to stress and communication between nerve cells. These neuro-protective ingredients have been shown to help boost memory (retention/recall) and mental alertness, improve occasional forgetfulness, promote the ability to concentrate, increase attention span, reduce mental fatigue, and enhance overall cognitive performance.

Targeted Choice BrainPower® is a registered trademark of Bluebonnet Nutrition Corporation.

Cognizin® is a registered trademark of KYOWA HAKKO BIO CO., LTD.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast. gluten, barley, rice, sodium and sugar.

◆These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Do not use this product if you are pregnant, trying to conceive or breastleeding. If you have a medical condition or are taking prescription medication, particularly drying agents (anticholinergics) used for allergies & depression, acetylcholinesterase inhibitors used for Abteimer's disease or glaucoma Rx eye drops, consult your physician before use. Keen out of reach of children





**Dietary Supplement 60 Vegetable Capsules** 



## ment Serving Size 2 Capsules

Amount Per Serving	%Dai	ly Valu
Bacopa Whole Plant Extract (Bacopa monnien)	300 mg	*
Lion's Mane Mushroom Mycelium Powder (Hericium erir	naceus) 150 mg	*
Cytidine 5'-diphosphocholine	100 mg	*
Phosphatidylserine (from sunflower lecithin)	50 mg	*
Wild Blueberry Fruit Extract [Lowbush Blueberry (Vaccinium angustifolium Aiton), ( Blueberry (Vaccinium myrtilloides)]	20 mg Canadian	*

\*Daily Value not established

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Manufactured by Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA www.bluebonnetnutrition.com