

Directions: For adults, mix 2 mL (abt. 1/2 tsp) of extract in 2 fl. oz (60 mL) water one time daily preferably with a meal.

Helps to relieve occasional constipation.*

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

NOTICE: This product contains Buckthorn, Cascara Sagrada and Turkey Rhubarb also known as Chinese Rhubarb. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stool, or abdominal pain because Buckthorn, Cascara Sagrada and Turkey Rhubarb also known as Chinese Rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™

Natural Herbal Extracts

HL ONE-W

Dietary Supplement

"No expense has been spared to provide the finest nature has to offer."

1 fl. oz. (30 mL)

SHAKE WELL BEFORE USE

Supplement Facts

Serving Size: 2 mL (abt. 1/2 tsp)

Servings Per Container: 15

Amount per serving		%DV
Proprietary Blend	2015 mg	†
Frangula (bark) (<i>Rhamnus sp.</i>) (Buckthorn) Extract, Chinese Rhubarb (root) (<i>Rheum sp.</i>) (Turkey Rhubarb) Extract, Cascara Sagrada (bark) (<i>Rhamnus sp.</i>) Extract, Fennel (seed) (<i>Foeniculum vulgare</i>) Extract, Pumpkin (seed) (<i>Curcubita sp.</i>) Extract		

† Daily Value (DV) not established.

Other Ingredients: None

Herb: Solvent Ratio 1:7 (Distilled Water & Neutral Grain Spirits 28-38% ABV)

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