

Directions: For adults, mix 2 mL (abt. 1/2 tsp) of extract in 2 fl. oz (60 mL) water one time daily preferably with a meal.

Helps in the maintenance of a healthy nervous system and promotes a feeling of calmness.*

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

WARNING: Discontinue use and consult a healthcare practitioner if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. Not intended for use by pregnant or nursing women. If you have a medical condition or are taking medication, consult your doctor prior to use. Discontinue use and consult with your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™
Natural Herbal Extracts

B&B-W

Dietary Supplement

"No expense has been spared to provide the finest nature has to offer."

1 fl. oz. (30 mL)

SHAKE WELL BEFORE USE

Supplement Facts

Serving Size: 2 mL (abt. 1/2 tsp)

Servings Per Container: 15

Amount per serving	%DV
Proprietary Blend	1903 mg †
Blue Vervain (aerial parts) (<i>Verbena sp.</i>)	
Extract, Blue Cohosh (root) (<i>Caulophyllum thalictroides</i>)	
Extract, Black Cohosh (root) (<i>Cimicifuga racemosa</i>)	
Extract, Lobelia (aerial parts) (<i>Lobelia sp.</i>) (Indian Tobacco)	
Extract, Skullcap (aerial parts) (<i>Scutellaria lateriflora</i>)	
Scullcap Extract	

† Daily Value (DV) not established.

Other Ingredients: None

Herb: Solvent Ratio 1:7 (Distilled Water & Neutral Grain Spirits 28-38% ABV)

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