

ACTUAL SIZE



CODE 0471

V2

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Biotin promotes normal immunity and plays a critical role in skin health.*

Biotin is a water-soluble vitamin necessary for normal growth

and body function. Biotin is a key regulatory element in glu-

coneogenesis, fatty acid synthesis, and in the metabolism of

some amino acids. Alongside its role in energy production,

Biotin enhances the synthesis of certain proteins. In addi-

tion, Biotin promotes normal immunity and plays a critical

Vitamins.

SUGGESTED USAGE: As a dietary supplement, take 1

Vcap® 1 to 2 times daily, preferably with meals. Consider

taking this product in combination with NOW® B-Complex



Biotin

ENERGY PRODUCTION

5,000 mcg

- Supports Amino Acid Metabolism
- Promotes Normal Immunity*

60 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Biotin	5.0 mg (5,000 mcg)	1667%

Other ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

www.nowfoods.com