

SUGGESTED USE: Take one softgel each day with a meal or as directed by your health care practitioner.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm. Recommended daily dose not to exceed 5000 IU/day or as recommended by practitioner. Not intended for use by pregnant or nursing women. If you have a medical condition or are taking medication, consult your doctor prior to use. Discontinue use and consult with your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™
Natural Herbal Extracts

Vitamin A & D

**Fish Oil Source
Dietary Supplement**

60 Softgels

Supplement Facts

Serving Size: 1 Softgel
Servings per container: 60

Amount Per Serving		%DV
Vitamin A	7500 mcg RAE [‡]	850%
Vitamin D	25mcg (1000 IU)	125%

[‡] Retinol Activity Equivalents

Other Ingredients: Soybean Oil, Gelatin, Fish Liver Oil (Providing Vitamin A), Glycerin, Fish Liver Oil (Providing Vitamin D), Purified Water.

Contains: Soy and Fish.

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