

List No. 2895
L600 Cat. A685
5A009

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND



Magnesium Citrate

250 mg
per serving

VALUE SIZE



Absorbs better due to citrate form[‡]

120 SOFTGELS

Supports muscle relaxation, nerve, heart & bone health[†]

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 2 softgels daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1 g	1%*
Saturated Fat 1 g	5%*
Total Carbohydrate 2 g	1%*
Protein less than 1 g	
Magnesium (as Magnesium Citrate) 250 mg	60%

*Percent Daily Values are based on a 2,000 calorie diet.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org
[†]Citrate form is more highly absorbable form than Magnesium Oxide.

- ✓ **No Synthetic Dyes - Colors Derived from Natural Sources**
- ✓ **No Artificial Flavors**
- ✓ **Gluten Free**

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

OTHER INGREDIENTS: Medium Chain Triglycerides, Gelatin, Glycerin, Rapeseed Lecithin, Water, Colors Added (Including Carmine), Yellow Beeswax.

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JAN 2022

Lot:
Exp.:

