

Bluebonnet's Plant-Based Omega-3•6•9 1000 mg Softgels offer healthy essential mono- and polyunsaturated fatty acids from flaxseed, evening primrose and borage oils, which have alpha- and gamma-linolenic acids along with oleic acid for heart health.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Plant-Based Omega-3•6•9

Heart Health ♦



Dietary Supplement **90 Softgels**

Directions: As a dietary supplement, take one softgel daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving

Omega-3,6,9 Oil Blend (flaxseed oil, evening primrose oil, borage oil)	1000 mg	*
Omega-3 (alpha-linolenic acid)	290 mg	*
Omega-6 (linoleic acid)	320 mg	*
Omega-9 (oleic acid)	100 mg	*
Omega-6 (gamma-linolenic acid)	50 mg	*

* Daily Value not established.

Other ingredients: Gelatin (bovine), glycerin, purified water.

Manufactured for
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