

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Beautiful Ally® Resveratrol 250 mg Vegetable Capsules are specially formulated to protect skin from the environment and the aging process. The active *trans* isomer from Japanese knotweed (a more concentrated source of *trans*-resveratrol) and 4:1 red wine extract from grape berry fruit help to reduce free-radical damage, which improves the appearance of fine lines and wrinkles, lessens dryness and smooths skin texture. ♦

Beautiful Ally® is a registered trademark of Bluebonnet Nutrition Corporation.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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Bluebonnet

BEAUTIFUL Ally®

resveratrol
250 mg

protect skin
integrity♦

Dietary Supplement
60 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Japanese Knotweed Root Extract (<i>Polygonum cuspidatum</i>)	500 mg	*
<i>Trans</i> -Resveratrol	250 mg	*
Red Wine Extract 4:1 (from grape berry fruit, <i>Vitis vinifera</i> L.)	25 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

