

ACTUAL SIZE



Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

† Foods containing at least 400 mg per serving of plant sterols,

eaten twice a day with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of NOW® Beta-Sitosterol Plant Sterols Vcaps® supplies 800 mg of plant sterols.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

cholesterol levels.*†

CardioAid® Plant Sterols is a unique dietary supplement rich in the plant sterols Beta-Sitosterol, Campesterol and Stigmasterol. Scientific studies have shown that plant sterols can help lower cholesterol levels.*†

SUGGESTED USAGE: As a dietary supplement, take 2 Vcaps® 3 times daily with meals. Consider taking this product in combination with NOW® Sytrinol®, Flush-Free Niacin and Pantethine.

Beta-Sitosterol Plant Sterols

CARDIOVASCULAR HEALTH

with *CardioAid*™
plant sterols

Provides Cholesterol Lowering
Benefits*†

200 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 100

Amount Per Serving

CardioAid® Plant Sterols 800 mg*

Typically contains: Beta-Sitosterol 392 mg,

Campesterol 200 mg, and Stigmasterol 144 mg

* Daily Value not established.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS, 395 S. Glen Eilyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no sugar, salt, starch, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

CardioAid® is a registered trademark of Archer-Daniels-Midland Company; The CardioAid™ logo is a trademark of Archer-Daniels-Midland Company.

Vcaps® is a registered trademark of Capsugel.

Caution: Pregnant/lactating women or those taking prescription medications should seek the advice of a health care practitioner before using this product.