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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND

Nature Made

Iron

65mg (325 mg Ferrous Sulfate[†])

EVERYDAY VALUE

**For Iron
deficiency**

**Vital for red blood
cell formation[†]**

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1 in 10 US adult premenopausal women (ages 15-49 y) are deficient in iron.

SUGGESTED USE: Adults with iron deficiency, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, or taking medication, consult your physician before use.

- ✓ No Synthetic Dyes – Color Derived from Natural Source
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Iron (as Ferrous Sulfate) 65 mg	361%

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

OTHER INGREDIENTS: Cellulose Gel, Dibasic Calcium Phosphate, Croscarmellose Sodium, Hypromellose, Color Added, Magnesium Stearate, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

†Each tablet contains 65 mg elemental iron equivalent to 325 mg ferrous sulfate heptahydrate.

Lot:
Exp.: