



Hair·Skin·Nails[†]

2500 mcg Biotin

***May help support healthy hair, skin & nails for those low in biotin[†]**

Supports collagen synthesis with vitamin C[†]



Dietary Supplement
60 SOFTGELS

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% MONEY BACK GUARANTEE

For details visit NatureMade.com/guarantee

The makers of Nature Made supplements have combined five key nutrients to help support healthy hair, skin, and nails^{††} in one small softgel. Each nutrient is backed by scientific evidence demonstrating support of hair, skin, nails or all three.[†] If the ingredient doesn't have scientific support, we didn't include it.

Biotin	May help support healthy hair, skin and nails in individuals lacking sufficient biotin [†]
Vitamin C	Supports collagen synthesis [†]
Zinc	Helps support healthy skin [†]
Copper	Essential for collagen synthesis and skin support [†]
Beta-Carotene	A precursor to Vitamin A, which is essential for healthy skin [†]

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SUGGESTED USE: Adults, take 1 softgel daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

- ✓ No Artificial Flavors
- ✓ Gluten Free

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult your physician before use.

Supplement Facts	
Serving Size 1 Softgel	
Amount Per Softgel	% Daily Value
Vitamin A (as Beta Carotene) 750 mcg	83%
Vitamin C (as Ascorbic Acid) 100 mg	111%
Biotin 2500 mcg	8333%
Zinc (as Zinc Oxide) 11 mg	100%
Copper (as Copper Oxide) 0.9 mg	100%

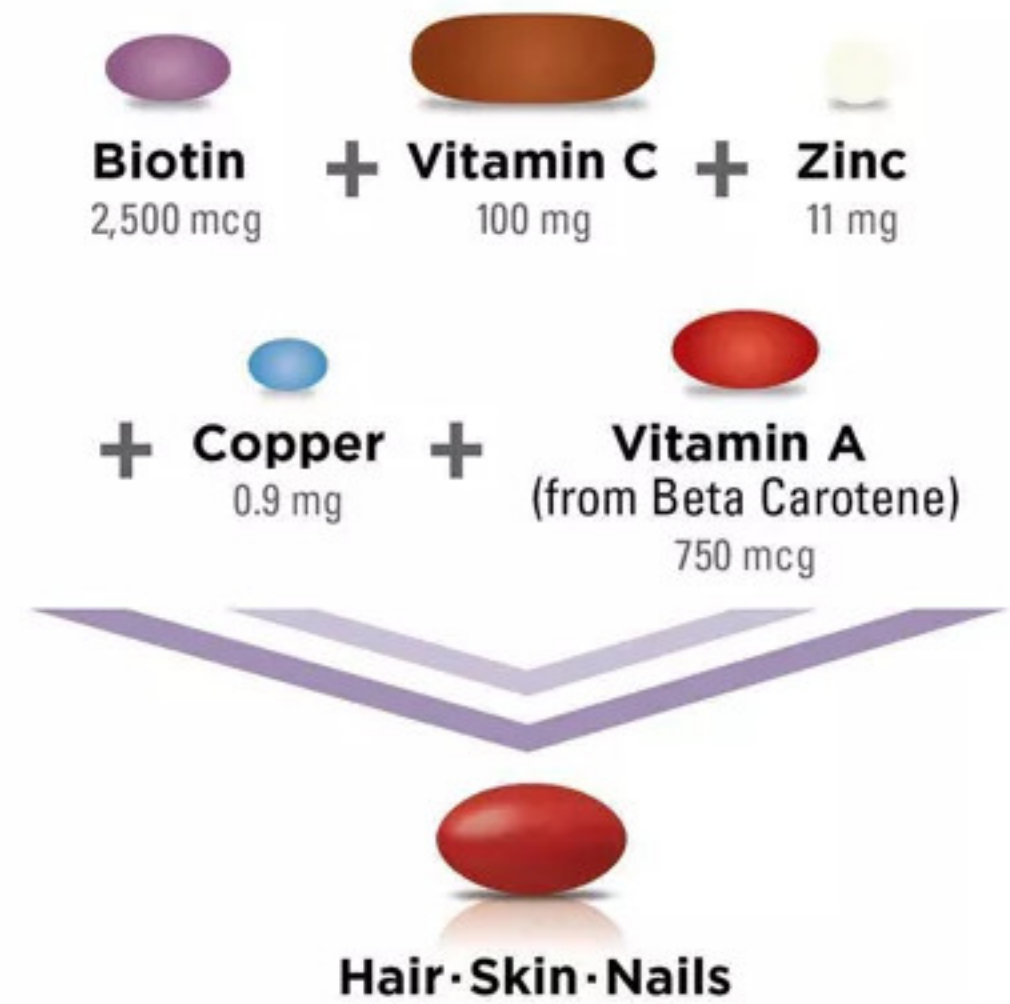
OTHER INGREDIENTS: Medium Chain Triglycerides, Gelatin, Glycerin, Yellow Beeswax, Water, Rapeseed Lecithin, Soybean Oil, Polysorbate 80.

DISTRIBUTED BY:
Nature Made Nutritional Products
 West Hills, CA 91309-9903, USA
 1-800-276-2878 • www.NatureMade.com

★Based on a survey of pharmacists who recommend branded vitamins and supplements. Encapsulated and quality tested in the USA. Made to our guaranteed purity and potency standards.

Hair·Skin·Nails Formula

The power of FIVE essential nutrients for hair, skin and nails – in ONE, easy-to-swallow softgel.



Not actual products or sizes; for illustration purposes only.

ACTUAL FILL