

**Bluebonnet's Alpha Lipoic Acid 100 mg Vegetable Capsules** are formulated with alpha lipoic acid in its purest crystalline form. Alpha lipoic acid is a unique fat-soluble and water-soluble nutrient that is known for its free radical scavenger activity. ♦

MAY SUPPORT  
Free Radical Protection ♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.  
Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition.  
Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



# Alpha Lipoic Acid 100 mg

Free Radical Protection ♦



Dietary Supplement **30** Vegetable Capsules

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 30	
Amount Per Serving	
Alpha Lipoic Acid (as thioctic acid)	100 mg *
*Daily Value not established.	

Other ingredients: Vegetable cellulose, vegetable magnesium stearate, capsule (hypromellose, purified water).

Manufactured by  
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