

**Bluebonnet's Calcium Citrate & Magnesium Caplets** are formulated with calcium in a chelate of calcium citrate and magnesium from reacted magnesium aspartate for strong, healthy bones.♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**



# Calcium Citrate & Magnesium

Bone Health ♦



Dietary Supplement **90 Caplets**

**Directions:** As a dietary supplement, take four caplets once daily or as directed by a healthcare practitioner.

## Supplement Facts

Serving Size 4 Caplets

Servings Per Container 22.5

| Amount Per Serving                    |         | % Daily Value |
|---------------------------------------|---------|---------------|
| Calcium<br>(as calcium citrate)       | 1000 mg | 77%           |
| Magnesium<br>(as magnesium aspartate) | 400 mg  | 95%           |

Other ingredients: Vegetable cellulose, stearic acid, silicon dioxide, vegetable magnesium stearate, vegetable glaze.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford  
Sugar Land, TX 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

