

Directions: As a dietary supplement, take three caplets once daily or as directed by a healthcare practitioner.

Bluebonnet's Calcium Magnesium & Zinc Caplets are formulated with a combination of calcium, magnesium, zinc, copper and boron along with L-glutamic acid and horsetail powder for strong, healthy bones.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Calcium Magnesium & Zinc

Bone Health ♦



Dietary Supplement **90 Caplets**

Supplement Facts

Serving Size 3 Caplets

Servings Per Container 30

Amount Per Serving		% Daily Value
Calcium (as citrate, carbonate)	1000 mg	77%
Magnesium (as aspartate, oxide)	400 mg	95%
Zinc (as picolinate)	15 mg	136%
Copper (as gluconate)	1 mg	111%
L-Glutamic Acid	100 mg	*
Horsetail Powder	20 mg	*
Boron (as citrate, aspartate, glycinate)	100 mcg	*

*Daily Value not established.

Other Ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by Bluebonnet Nutrition Corporation
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