

Bluebonnet's Buffered Chelated Magnesium Vegetable Capsules are formulated with chelated magnesium bisglycinate buffered with magnesium oxide to increase the pH (alkalinity) to make it gentle on the digestive tract.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Caution: For adults only.
Consult physician if pregnant/
nursing, taking medication,
or have a medical condition.
Keep out of reach of children.



Bluebonnet

Buffered Chelated Magnesium

Stress, Immune & Heart Health ♦



Dietary Supplement **60** Vegetable Capsules

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Magnesium (as magnesium bisglycinate chelate, magnesium oxide)	200 mg	48%

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

Minerals are shown in their elemental value.

