Directions: As a dietary supplement, take three caplets once daily or as directed by a healthcare practitioner.

Bluebonnet's Chelated Calcium Magnesium Caplets are formulated with 500 mg of elemental calcium from fully reacted calcium bisglycinate and 200 mg of elemental magnesium from magnesium glycinate chelate buffered with magnesium oxide from Albion for strong healthy bones. Buffered magnesium increases the pH (alkalinity) of the formula, making it more gentle on the digestive tract and easier to absorb.◆

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and sugar.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Bluebonnet's KOF-K Certification #K-0000700

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◆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet

MADE WITH NON GMO INGREDIENTS

Chelated Calcium Magnesium

Amino Acid Chelate Dietary Supplement

ALBION MINERALS

Vegan

120 Caplets

K PARVE

GLUTEN FREE

Supplement Facts

Serving Size 3 Caplets

Servings Per Container 40

Amount Per Serving		% Daily Value
Calcium (as calcium bisglycinate chelate)	500 mg	38%
Magnesium (as magnesium bisglycinate chelate, magnesium oxide)	200 mg	48%

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

Minerals are shown in their elemental value.