

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin E 1000 IU (670 mg) Mixed Softgels are specially formulated with d-alpha tocopherol and full spectrum tocopherol isomers (beta, delta and gamma) in a base of vegetable oil. Vitamin E is an antioxidant that provides free-radical protection as well as cardiovascular support.♦

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured for
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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



d-Alpha & Mixed Tocopherols
Dietary Supplement
100 Softgels

Bluebonnet®



Vitamin E
1000 IU (670 mg)

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E	670 mg	4467%
(as 1000 IU d-alpha tocopherol)		
Mixed Tocopherols	5 mg	*
(Supplying d-gamma tocopherol, d-delta tocopherol and d-beta tocopherol)		

Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, soybean oil.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

