

Bluebonnet's Buffered Vitamin C-500 mg Vegetable Capsules are formulated with non-GMO, identity-preserved (IP) vitamin C from calcium ascorbate, along with citrus bioflavonoids as well as hesperidin and rutin to help support immune function.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

180 Vegetable Capsules



Bluebonnet



Buffered Vitamin C 500 mg

Immune Health ♦

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 180

Amount Per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	500 mg	556%
Calcium (as calcium ascorbate)	56 mg	4%
Citrus Bioflavonoid Complex	250 mg	*
Hesperidin (flavones [eriocitrin, narigenin, narirutin], flavonols and other related phenolics compounds)	100 mg	*
Rutin	10 mg	*

* Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by
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