

Directions: As a dietary supplement, take one teaspoon (5 g) daily in juice or water, or as directed by a healthcare practitioner.

Bluebonnet's Buffered C Crystals contain buffered vitamin C from calcium ascorbate in its crystalline form to help support immune function. Calcium ascorbate is an excellent source of vitamin C for individuals who are sensitive to L-ascorbic acid, as well as calcium. Available in easy-to-mix crystals for maximum assimilation and absorption. ♦

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Bluebonnet's KOF-K Certification #K-0000700

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com

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Bluebonnet



Buffered C Crystals

Easy-To-Mix Calcium Ascorbate
Dietary Supplement
4.4 oz (125 g)



Supplement Facts

Serving Size 1 Teaspoon (5 g)
Servings Per Container 25

Amount Per Serving		% Daily Value
Buffered Vitamin C (as calcium ascorbate)	4100 mg	4556
Calcium (as calcium ascorbate)	375 mg	29

Daily Value based on a 2,000 calorie diet.

Other ingredients: None.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.