Directions: As a dietary supplement, take one teaspoon (5 g) daily in juice or water, or as directed by a healthcare practitioner.

Bluebonnet's Buffered C Crystals contain buffered vitamin C from calcium ascorbate in its crystalline form to help support immune function. Calcium ascorbate is an excellent source of vitamin C for individuals who are sensitive to L-ascorbic acid as well as calcium. Available in easy-to-mix crystals for maximum assimilation and absorption.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children

Bluehonnet's KOE-K Certification #K-0000700

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA



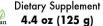




## **Buffered C** Crystals

Easy-To-Mix Calcium Ascorbate







## Supplement Facts

Serving Size 1 Teaspoon (5 g) Servings Per Container 25 % Daily Amount Per Serving Value Buffered Vitamin C 4100 ma 4556

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Calcium 375 ma (as calcium ascorbate)

Daily Value based on a 2,000 calorie diet. Other ingredients: None.

(as calcium ascorbate)

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans, Also free of yeast, gluten, barley, rice,

sodium and sugar. Minerals are shown in their elemental value