

**Directions:** As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

**Bluebonnet's Optimum-C Formula Vegetable Capsules** are formulated with non-GMO, identity-preserved (IP) vitamin C from calcium ascorbate, rose hips and acerola along with citrus bioflavonoids and grape seed extract to help support immune function.♦

MAY  
SUPPORT



Immune Health ♦

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Bluebonnet's KOF-K Certification #K-0000700



♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Bluebonnet



# Optimum-C Formula

Immune Health ♦



Dietary Supplement **180** Vegetable Capsules

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 90

Amount Per Serving	% Daily Value	
Vitamin C (as calcium ascorbate)	1000 mg	1111%
Calcium (as calcium ascorbate)	94 mg	7%
Citrus Bioflavonoid Complex	500 mg	*
Hesperidin	200 mg	*
Grape Seed Extract (95% total polyphenols [oligomeric proanthocyanidins, monomeric polyphenols and flavonoids])	100 mg	*
Rutin	50 mg	*
Acerola	10 mg	*
Rose Hips	10 mg	*

\*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by  
Bluebonnet Nutrition Corporation  
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