

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Optimum-C Formula Vegetable Capsules are formulated with non-GMO, identity-preserved (IP) vitamin C from calcium ascorbate, rose hips and acerola along with citrus bioflavonoids and grape seed extract to help support immune function.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Bluebonnet's KOF-K Certification #K-0000700



♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Optimum-C Formula

Immune Health ♦



Dietary Supplement **90** Vegetable Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	1000 mg	1111%
Calcium (as calcium ascorbate)	94 mg	7%
Citrus Bioflavonoid Complex	500 mg	*
Hesperidin	200 mg	*
Grape Seed Extract (95% total polyphenols [oligomeric proanthocyanidins, monomeric polyphenols and flavonoids])	100 mg	*
Rutin	50 mg	*
Acerola	10 mg	*
Rose Hips	10 mg	*

* Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by
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