

Bluebonnet's Niacin 100 mg Vegetable Capsules are formulated with vitamin B₃ (nicotinic acid) to help support heart health. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Caution: Niacin may cause skin flushing, tingling, and reddening. Do not take on an empty stomach. For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Niacin
100 mg

Heart Health ♦



Dietary Supplement **90** Vegetable Capsules

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Serving		% Daily Value
Niacin (as nicotinic acid)	100 mg	625%

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by
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