

**Bluebonnet's Folic Acid 800 mcg Vegetable Capsules** are formulated with folate from folic acid, which supports healthy neural tube development. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**



# Folic Acid 800 mcg

Prenatal Health ♦



Dietary Supplement

**180** Vegetable Capsules

**Directions:** As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 180

Amount Per Serving		% Daily Value
Folate (as 800 mcg folic acid)	1334 mcg DFE	334%

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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