

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's CellularActive® Coenzyme B-Complex Vegetable Capsules are formulated with B vitamins and their respective coenzyme forms, which are better absorbed, retained and utilized in the body. B vitamins are essential for energy and red blood cell production, proper nervous system function, healthy hair, skin and nails, and countless other metabolic processes.*

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

CellularActive® is a registered trademark of Bluebonnet Nutrition Corp.

Gnosis is the owner of US Patent No. 7,947,662 and registered trademark, Quatrefolic®

Caution: For adults only. Consult physician if pregnant/ nursing, taking medication, or have a medical condition. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Quatrefolic®



Dietary Supplement **100** Vegetable Capsules

Bluebonnet



CellularActive®

**Coenzyme
B-Complex**

Energy Production & Nerve Support •

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Serving		% Daily Value
Thiamin (as thiamin mononitrate, cocarboxylase)	25 mg	2083%
Riboflavin (as riboflavin, riboflavin 5' phosphate)	25 mg	1923%
Niacin (as niacinamide, inositol hexanicotinate)	25 mg	156%
Vitamin B ₆ (as pyridoxine HCl, pyridoxal 5' phosphate)	25 mg	1471%
Folate (as folic acid, [6S]-5-methyltetrahydrofolic acid)	600 mcg DFE	150%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	10,417%
Biotin (as D-biotin)	300 mcg	1000%
Pantothenic Acid (as calcium D-pantothenate)	25 mg	500%
Choline (as bitartrate)	10 mg	<2%
Inositol (as inositol, inositol hexanicotinate)	25 mg	*
PABA (para-aminobenzoic acid)	25 mg	*

*Daily Value not established.

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by Bluebonnet Nutrition Corporation
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