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Dietary Supplement **120 Caplets**

Bone Health ♦

Chelated Multiminerals



Bluebonnet

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: As a dietary supplement, take three caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 40

Amount Per Serving	% Daily Value
Vitamin D ₃ (as 400 IU cholecalciferol)	10 mcg 50%
Calcium (as malate, citrate, bisglycinate chelate)	1000 mg 77%
Iron (as ferrous bisglycinate chelate)	20 mg 111%
Iodine (as potassium iodide)	225 mcg 150%
Magnesium (as oxide, bisglycinate chelate)	400 mg 95%
Zinc (as zinc bisglycinate chelate)	25 mg 227%
Selenium (as amino acid complex)	10 mcg 18%
Copper (as copper bisglycinate chelate)	1 mg 111%
Manganese (as manganese bisglycinate chelate)	10 mg 435%
Chromium (as chromium nicotinate glycinate chelate)	100 mcg 286%
Molybdenum (as molybdenum glycinate chelate)	75 mcg 167%
Potassium (as amino acid complex)	99 mg 2%
Betaine HCl	100 mg *
Glutamic Acid HCl	100 mg *
Horsetail Powder	10 mg *
Boron (as amino acid complex)	3 mg *
Vanadium (as vanadium nicotinate bisglycinate chelate)	50 mcg *

*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by Bluebonnet Nutrition Corporation
12915 Dairy Ashford, Sugar Land, Texas 77478 USA
bluebonnetnutrition.com

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Albion Advanced
Amino Acid
Complex



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.