

Bluebonnet's L-Tryptophan 500 mg Vegetable Capsules are formulated with a vegetarian source of the free-form amino acid L-tryptophan called **TryptoPure®** from Ajinomoto to help support a positive mood, a sense of relaxation, as well as to reduce occasional sleeplessness.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

TryptoPure® is a registered trademark of Ajinomoto Co., Inc.

Bluebonnet's KOF-K Certification #K-0000700

CAUTION: Do not use this product, if you are pregnant, trying to conceive, breastfeeding or taking a prescription antidepressant. Consult your healthcare practitioner before use if you have a medical condition or if you are taking any prescription medications. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

30

Vegetable Capsules



Bluebonnet



L-Tryptophan 500 mg

Mood & Sleep Support ♦

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving	
L-Tryptophan (free-form)	500 mg *

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

