

**Bluebonnet's Taurine 500 mg Vegetable Capsules** are formulated with the free-form amino acid taurine from Ajinomoto to help support nervous system health. ♦

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement **50** Vegetable Capsules



**Bluebonnet**



# Taurine 500 mg

Nervous System Health ♦

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 50

### Amount Per Serving

Taurine (free-form)	500 mg	*
------------------------	--------	---

\*Daily Value not established.

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), silicon dioxide, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford  
Sugar Land, TX 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

