

Bluebonnet's Valerian Root Extract Vegetable Capsules are formulated with a standardized extract of valerianic acid to help promote restful sleep for those affected by occasional sleeplessness.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Sustainably Harvested.

Bluebonnet's KOF-K Certification #K-0000700

Caution: Consult your healthcare practitioner prior to using this product if you are trying to conceive, pregnant, nursing, taking medication, particularly sleep aids, or have a medical condition. Residual drowsiness may occur, so refrain from operating machinery or driving a vehicle when taking this product. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



VALERIAN

ROOT EXTRACT

Sleep Support♦

60 VEGETABLE CAPSULES
HERBAL SUPPLEMENT



Directions: As a dietary supplement, take one capsule 30 to 60 minutes before bedtime or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Valerian Root Extract	250 mg	*
<i>(Valeriana officinalis L., standardized to 0.8% total valerianic acid [2 mg])</i>		

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate, silicon dioxide.

Manufactured by
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